



## MENU

### BREAKFAST

**BREAKFAST SANDWICH:** 2 scrambled eggs; your choice of ham, bacon, or sausage; sliced tomatoes, red onions, bell peppers \$7.75

**FRENCH TOAST:** 2 pieces of Cinnamon Burst bread coated in egg batter, grilled; maple syrup \$6.95; add bacon, ham, or sausage for an additional \$1.50

**OATMEAL:** Your choice of Cinnamon Raisin or Cranberry Almond \$4.00

### SALADS

**CHICKPEA GRAIN SALAD:** Spring mix; diced chicken; wheatberries; chickpeas; avocado; tomato, cucumber, bell pepper; house made Avogoddess, Thousand Island, Italian, Balsamic, or Oil/Vinegar dressing \$8.50

**LETTUCE WRAP:** Turn any sandwich into a lettuce wrap or a salad or create your own! (Same price as sandwich)

**YARDBIRD:** Spring mix; diced chicken; spiced and roasted nuts and seeds; roasted chickpeas; cranberries & raisins; house made Avogoddess dressing \$8.50

### SANDWICHES

#### COLD SANDWICHES

**CHICKEN BERRY PECAN:** Honey whole wheat bread; house made chicken salad (diced chicken, seasoned mayo, dried cranberries, spiced pecans) \$7.75

**ROAST BEEF CHIMICHURRI:** Honey whole wheat bread; lean roast beef; Swiss cheese; sliced tomato, red onion, lettuce; house made chimichurri sauce \$7.50

**TASTY TUNA:** Honey whole wheat bread; house made tuna salad (albacore, seasoned mayo; salt & pepper), sliced tomato, red onion, lettuce \$6.95

**TURKEY GODDESS:** Honey whole wheat or Dakota bread; turkey breast; Swiss cheese; house made Avogoddess dressing; tomato, onion, lettuce \$6.95

**VEGAS VEGGIE:** Honey whole wheat; chipotle pesto cream cheese, hummus, or both; turkey; cucumber, tomato, onion, spinach \$6.95

**LETTUCE WRAP:** Turn any sandwich into a lettuce wrap or create your own! (Same price as sandwich)

## HOT SANDWICHES

**BEST BLT:** Sourdough or Spinach Feta bread; mayo & mustard; bacon; sliced tomato; red onion; lettuce \$6.50

**GREAT GRILLED CHEESE:** Sourdough; house made garlic butter; provolone and cheddar cheeses \$6.95

**LITTLE ITALY:** Cheddar Garlic bread; basil mayo; ham; provolone; sliced tomato, red onion, lettuce; Italian dressing \$6.95

**REUBEN:** Pumpernickel bread; pastrami; sauerkraut; Thousand Island dressing \$6.95

**TURK 'N BERRY:** Honey whole wheat bread; turkey breast; basil mayo; cranberry sauce \$6.95

**TURKEY PESTO:** Sourdough bread; turkey breast; pesto sauce; provolone; sliced tomato, red onion, lettuce; Balsamic drizzle \$6.95

## TREATS

### COOKIES

Oatmeal chocolate chip \$2.00

Salted caramel oatmeal \$2.00

Snickerdoodle \$2.25

Sugar cookie (MWF) \$2.50

### BARS, ETC.

Bread pudding \$3.95

Brownie (M/W/F) \$3.00

Cinnamon Roll (M/F/S) \$4.25

Cream cake (Sat) \$3.50

Kahuna bar (Th) \$3.75

Lemon bar (T/Th) \$3.25

Scone (Sat) \$2.25

Baker's choice - TBD

### FLOATS, ETC.

Affogato: 2 scoops vanilla ice cream; 2 shots **Nitro** Hair Raiser; cocoa powder \$5

Rootbeer float: 2 scoops vanilla ice cream; rootbeer \$4

## BEVERAGES

**NITRO** Cold Brew Coffee: Hair Raiser or Ethiopia \$4/\$5

Hibiscus lemonade \$4/\$5

Iced tea \$1.89

Fountain drinks \$1.89/\$2.25

Hot coffee/tea (black or green) \$1.75